

About Dr. Elizabeth Bahar Houshmand



Dr. Elizabeth Houshmand is a double board certified dermatologist specializing in cutaneous laser surgery and the dermatologic care of patients with a special interest in Cosmetic Dermatology, Laser Medicine , Acne, Hair Loss, and Melasma.

Dr. Houshmand's completed her undergraduate degree as a specially selected Presidential Honors scholar from New York University and graduated from medical school with prestigious clinical distinction honors. She completed an Internal Medicine Residency at Georgetown University Hospital and is Board Certified in Internal Medicine and Dermatology. Dr. Houshmand completed a two year intensive Dermatopharmacology fellowship under the guidance of leading medical dermatologist at Wright State University. Time was spent focused on conducting clinical trials on investigational treatments in general and cosmetic dermatology. She stayed at Wright State for her dermatology residency and served as chief resident in her third year. Dr. Houshmand completed several dermatologic laser surgery and cosmetic preceptorships that laid the fundamental groundwork for her cosmetic /laser surgery practice. Dr. Houshmand received several prestigious scholarships through the WDS and ASDS has trained with pioneers in the field of cosmetic skin treatments and dermatologic surgery. She was selected by the AAD as one of three dermatology resident recipients of the prestigious AAD International Grant.

Dr. Elizabeth Houshmand's involvement in education, teaching, and research/clinical trials has facilitated a host of publications including case reports, review articles, and placebo-controlled clinical trials. Dr. Houshmand also has written book chapters in prestigious dermatology textbook. She has lectured in many countries across the globe.

This varied educational background and training brings Dr. Houshmand's wealth of knowledge on the newest and latest treatments in medical, surgical, and cosmetic dermatology to her patients.

Dr. Houshmand is double board certified. She is a Fellow of the American Academy of Dermatology, and a diplomat of the American Board of Internal Medicine. Dr. Houshmand is also a member of several professional organizations – the American Society for Dermatologic Surgery, American Society for Laser Medicine and Surgery, the Women's Dermatologic Society, and The International Dermatology Society.

Dr. Houshmand is fluent in English, Spanish and Farsii and enjoys utilizing her skills in providing optimal care for her patients of many diverse backgrounds, believing that being able to connect with them on a personal level allows her to create a strong, trusting relationship with her patients and provide them with optimal care.

In her spare time, she enjoys traveling, barre, and spending time with family.