

Born in the city of Almeria in Andalusia, Spain and raised in New York, Carmen Castilla, M.D., is a Manhattan-based, board-certified dermatologist specializing in personalized, patient-centered treatment plans in cosmetic and medical dermatology.

She completed her internship in internal medicine at Brigham and Women's Hospital-Harvard Medical School in Boston and her dermatology training at New York University Langone Hospital.

As an internationally-recognized thought leader in skincare, and holistic medicine, she has published numerous papers and textbook chapters, is an expert source for media, and has a passion for sharing her evidence-based knowledge.

She remains a clinical instructor at Mount Sinai Hospital and is committed to advancing the field of dermatology by teaching advanced technologies and cutting-edge techniques. Finally, she is the Director of Clinical Research at New York Dermatology group.