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EDUCATIONAL BACKGROUND :

1992-1996 Bachelor of Science in Medical Technology – Far Eastern University - Nicanor Reyes Medical Foundation (FEU-NRMF) School of Medicine, Fairview, Quezon City

1997-2001 Doctor of Medicine -- Far Eastern University-Nicanor Reyes Medical Foundation (FEU-NRMF) School of Medicine, Fairview, Quezon City

2003-2005 Bachelor of Science in Nursing – Perpetual Help College of Manila, Sampaloc , Manila

2009- 2010 Clinical and Aesthetic Dermatology Training – Medical Skin Health Training Foundation , Examiner St. Quezon City

April 2013 Clinical Dermatology Course for Family Physicians, National Skin Center, Singapore

October 9,2015 Fellow, Philippine Association of Primary Skin Health Physicians, Inc

January 2016 Mycology Training Course , University of the Philippines, Manila

July 30,2018 Certificate in Business & Wellness Administration, Miriam College, Quezon City with International Entrepreneurship track taken at the University of California Irvine.

December 14, 2018 Graduate Diploma in Business & Wellness Administration, Miriam College, Quezon City

May 25, 2019 Masters in Business & Wellness Administration, Miriam College, Quezon City

October 12, 2022 SCOPE CERTIFIED PROFESSIONAL, Strategic Center for Obesity Professional Education by World Obesity Federation

WORK EXPERIENCE :

Far Eastern University - NRMF Medical Center (Fairview, Quezon City Philippines)
Radiology Resident : January-May 2003

- Reads, interprets x-ray requests done in the Radiology section
- Assists in CT-scan , MRI, ultrasound procedures
- attends conferences & lectures in the different hospital training departments

Taguig Doctors Hospital (Taguig City , Philippines)

Primary Care Physician/ Nursing Experience : May- November 2003

- go on 24 hours duty with the following scope of responsibility
- on call at the Emergency department (ED) for different emergency cases
- do consultations at the outpatient department
- admits patient in the ward and refers to attending physician
- performs daily & nightly rounds of admitted patients
- do ambulatory minor surgeries (suturing, circumcision, excision biopsies, incision and drainage)
- Naso gastric tube insertion, indwelling foley catheter insertion
- insertion of iv cannula to patients admitted at the ER
- wound care - trauma , burns , bed sores amongst others
- administer intravenous medications to admitted patients

SM Lazo Medical Clinic (Nakpil St, Manila Philippines)

Primary Care Physician: February 2004 - March 2009

- do general consultations for the outpatient department
- performs physical examination and screening for pre-employment to Filipino workers bound for other countries
- reads, interprets different diagnostic procedures (blood chemistry, 12 lead ECG, Spirometry and audiogram amongst others) and treats patients accordingly or referred to subspecialty if needed.

Bioessence Skin Clinic and Spa (West Ave, Quezon City Philippines)

Primary Care Physician : May 2009 - May 2010

- Do consultations for walk-in patients
- do screening and physical examination for patients undergoing treatments
- performs intravenous (placenta, collagen, glutathione treatments) and intramuscular injections for vaccines

Beauderm Aesthetics Clinic (West Ave, Quezon City Philippines)

Owner / Derma Physician: 2010- current

- consults pathologic skin conditions as well as general check -up
- performs different dermatologic procedures such as facial, diamond peel, chemical peels, acne surgery, microneedling for acne scars, stretch marks and face rejuvenation, toxin injections, fillers, mesotherapy, warts removal, glutathione, placenta & collagen intravenous injections, V-lift threading, operations of Radiofrequency, Cavitation & Intense pulse light and other energy based devices.
- do minor ambulatory surgeries (suturing, excision biopsy, incision & drainage) change of wound dressing , circumcision

PROFESSIONAL PROFICIENCY:

Passed and Board Certified by the Philippine Regulation Commission (PRC)

February 1997 – Medical Technologist Licensure Examination

August 2002 – Medical Licensure Examination

June 2005 – Nursing Licensure Examination

January 2006 – passed the NCLEX California Board of Nursing

MEMBERSHIPS IN ORGANIZATIONS / SOCIETIES :

Fellow of Philippine Association of Primary Skin Health Physicians Inc. (PAPSHPI)

Alumni of National Skin Center, Singapore

Member World Society of Anti-Aging Medicine (WOSAAM)

Member Dermatological and Aesthetic Surgery International League (DASIL)

Member Philippine Academy of Non-Surgical Aesthetics (PANSA)

Member Philippine Medical Association

Member Quezon City Medical Society

POSITIONS HELD :

2011-2013 *Treasurer* Philippine Association of Primary Skin Health Physicians Inc. (PAPSHPI)

2013–2015 *Internal Vice President* Philippine Association of Primary Skin Health Physicians, Inc. (PAPSHPI)

2015-2017 *External Vice President* Philippine Association of Primary Skin Health Physicians, Inc. (PAPSHPI)

2017- 2018 *Internal Vice President* Philippine Association of Primary Skin Health Physicians, Inc. (PAPSHPI) -

2018 -2021 Vice President Philippine Association of Primary Skin Health Physicians, Inc. (PAPSHPI)

2021 - 2023 President Philippine Association of Primary Skin Health Physicians, Inc.(PAPSHPI)

2023- 2025 Board of Directors, PAPSHPI

Head , CPD & CPE Academic affairs

Medical Director / owner – BEAUDERM AESTHETICS SKIN AND BODY SOLUTIONS

48 MarySantos Arcade building West Avenue, Quezon City, Philippines

SPECIAL TRAININGS :

2001-2002 Post Graduate Internship – De Los Santos Medical Center

2009-2010 Aesthetic and Pathologic Dermatology Training,
Medical Skin Health Training Foundation Inc.

June 2009 Basic Leprosy Course for Physicians , Tala Leprosarium
Caloocan City

December 2010 “Hands -On Workshop in Non-Surgical Aesthetic Procedures”
with Basic Blepharoplasty Course

April 2012 Annual Workshop : Basic and Advance Botox Treatments

July 2012 Growth Factor Training and Micro Needling Procedure

December 2012 “ 3D Ultra V Lift” Ultra- fine Thread Lifting

April 2013 Clinical Dermatology Course for Family Physicians ,
National Skin Center , Singapore

January 2016 Mycology Training Course , University of the Philippines
Manila

May 25 2019 Masters in Business and wellness Administration, Miriam College,
Quezon City with International Entrepreneurship track taken at the University of
California Irvine.

February 24, 2023 training on “Facial Lifting using PDO Powder Collagen
Biostimulator”, Aesthetic Center for Excellence Inc. Training Center

Other Trainings / Seminars / Webinars Attended:

Health and Wellness Issues in the Workplace (Nov. 2008)

Scientific Meeting: Updates on Melasma (April 2009)

Symposium on “New Technologies on Aging Skin” (May 2009)

Scientific Meeting on Atopic Dermatitis (Sept 2009)

“Skin and Body Medicine: Principles and Practice (Oct 2009)

International Congress of Aesthetic Dermatology , Bangkok Thailand (January
2010)

Endoderm : A Breakthrough in Anti-aging Treatment (Sept 2010)

“Dermatology: What’s Up? What’s New?” Asian Hospital (Oct 2010)

Scientific Conference “Chemical Peel in combination with Botox and Fillers” (Mar
2011)

“Stem Cell Therapy” (Mar 2011)

Postgraduate Lecture “Trends and Fixes in Dermatology” (Oct 2012)

Newest Innovations and Trends in Aesthetic Surgery and Anti-Aging Medicine (Nov
2012)

New Trends, New Technique, New Threads : Non-surgical Thread Lifting (Mar 2013)

Multi course on Laser and Aesthetic Skin Therapy - "Laser and Lights" (April 2013)

Skin Health Symposium by Dr. Zein Obagi and Dr. Ziv Karni (May 2013)

"Updates on Skin Rejuvenation, Tightening and Body Contouring Treatments" (Aug 2013)

ABC of Dermatology (Oct 2013)

Postgraduate Course: Through the Looking Glass: Beyond the Dermatologic Horizon (Oct 2014)

"Methods and Techniques on Lasers and Lights "(Dec 2014)

"Balancing Acts in Dermatology" (July 2015)

"Multi-disciplinary Approach to Skin Care" (Oct 2015)

DASIL 4th Annual Congress Vietnam (Nov 2015)

Fotona 4D Facelift and Nightlase Workshop (Mar 2016)

Annual Convention: Philippine Academy of Physicians Cares (Mar 2017)

VenusViva and Regenacr A-PRP workshop (May2017)

"Challenges, Hot Topics, Alarming Diseases, New Issues, Goals in Everyday Practice" (June 2017)

PAPSHPI Masterclass : Combination Therapies in Aesthetics (April 2018)

Annual Convention PAPSHPI : From Earth to Health (Oct 2018)

PAPSHPI Masterclass : Harmonizing the Science Of Skin Health (April 2019)

Annual Convention PAPSHPI : (Oct. 2019)

PAPSHPI Virtual Skin Health Summit : "Primary Skin Health Essentials in the Time of Pandemic" (Nov. 2020)

PAPSHPI SHAPE 21 : Skin Health and Aesthetic Physicians Expo (May 26,2021)

CSA LIVE WEBINAR with Prof Stefano Veraldi: Management of Cutaneous Mycoses in Daily Practice (June 9,2021)

Annual Convention PMA: “PMA Ngayon at Kailanman, Matatag sa Pagsubok ng Pandemya “ (June 20-23,2021)

“Acne Management: An Integrative Approach” by Royal College of Physicians, UK (Aug. 2021)

PAPSHPI VIRTUAL SKIN HEALTH SUMMIT 2021 : “Revolutionizing HEALTH & WELLNESS in the new normal”. (October 15 , 2021)

Focus on Obesity Summit: Novo Nordisk (25-26 February 2022)

PAPSHPI SHAPE 2022: Skin Health & Aesthetics Physicians Expo 2022- Reshaping the future of skin health in the new normal (May 25, 2022)

PAPSHPI SKIN HEALTH SUMMIT 2022 : Skin Health and Wellness, Novotel Hotel Araneta (12-13 October 2022)

Midyear Skin Health Symposium: Current Issues and Innovations, Taal Vista Hotel Tagaytay City (17 May 2023)

Resource Speaker in the following topics:

Skin Barrier Therapy : New Approach in the Biological Reconstruction of Atopic Skin at the 12th PAPSHPI Annual Convention “Global Innovations in Skin Health”, Novotel Manila Araneta Center

Resveratrol & Antalgine Innovation: Biological Action for Optimal Wound Repair & Relieving Effect following Aesthetic Procedures at the PAPSHPI Annual Convention “Essential Updates on Primary Skin Health”, Novotel Manila Araneta Center October 2017

“Efficacy of Cicabio SPF 50+ in Skin Repair & Protection in Damaged Skin and following Aesthetic Procedure” at the 137th PAPSHPI Scientific Meeting , Victoria Sports Tower II EDSA Q.C. December 13, 2017

Clinical Facilitator at NABOTA “Basic & Advance Botulinum Toxin Type A-Injection Training Course “ at Asian Stem Cell Institute, 15th flr Medical Plaza Ortigas Pasig 2018

Making Magic Happen : How to be a Successful Skin Magical and Speaks G Beautypreneur Forum at Starmall Function Hall 1 Mandaluyong 2019

“Understanding Obesity and the Importance of Appetite Regulation” at the 21st Webinar and 173rd Virtual Scientific Meeting. 21 July 2021

“Prevalent Hair & Skin conditions in the Pandemic” Skin Health & Beyond at the 13th 5CC Virtual World Congress. 04 September 2021

“Obesity Matters: Beating Obesity Success Stories “ Webinar series. 03 November 2021

“ Complications of Obesity “ Focus on Obesity Summit. 25-26 February 2022

“ Obesity Masterclass: Understanding & Mitigating Adverse Events of Liraglutide” Session 2 ; 20 April 2022.

“ RETINOIDS : Core of Acne Therapy “ 47th Webinar & 195th Scientific meeting. 24 August 2022.

“ Obesity Matters : Beating Obesity Success Stories Session 4 “ Webinar series. 09 November 2022.

Weight Loss Congress, Makati Diamond Residences , 23 November 2022.

“Dual Action Therapy: Harnessing the Power of Adapalene & Nadifloxacin for Acne Management “, The B Hotel Quezon City , 12 April 2023.

“Managing Obesity the PAPSHPI Way: A SCOPE certified HCP Experience, Obesity Forum Taal Vista Hotel Tagaytay City, 18 May 2023.