

Patricia K. Farris, M.D. is a clinical associate professor at Tulane University School of Medicine. She is a leader in her field and has chaired numerous committees and task forces for the American Academy of Dermatology, American Society of Dermatologic Surgery, American Dermatologic Association and Women's Dermatologic Society. She is a recent past member of the Board of Directors for the American Academy of Dermatology (2017-2021).

Dr. Farris has over thirty years of experience in clinical practice, teaching, and research. She is a key opinion leader and expert on cosmetic procedures, topical skincare, cosmeceuticals, nutrition, and nutraceuticals. She has authored numerous publications and textbook chapters and delivered more than 100 scientific presentations worldwide. Dr. Farris serves as a consultant for global cosmetic companies where she helps guide new product development and strategic direction.

She is co-founder of the **Science of Skincare Summit**, an educational meeting dedicated to teaching healthcare professionals about the science behind topical skincare and how to best select and utilize these products in clinical practice. She is also co-host of the podcast **Skincare Confidential** that gives listeners an insider's view of the cosmetic industry.

She is editor and contributor to her textbook **Cosmeceuticals and Cosmetic Practice** (Wiley Publishing, 2014). Her best-selling consumer book **The Sugar Detox** explores the relationship between nutrition and aging (DeCapo Press, 2013). Dr Farris serves on the editorial board for Dermatology Times, Journal of Cosmetic Dermatology, Journal of Drugs in Dermatology, Dermatology Digest and Journal of Clinical and Aesthetic Dermatology. She also serves as a media expert for the American Academy of Dermatology conducting interviews on a variety of subjects related to dermatology and skincare.