

Dr Meera James MBBS MD

After finishing MD in Dermatology in 2004, pursued special training in Cosmetic Dermatology and is now a pioneer in use of latest and safest techniques in Cosmetic Dermatology. She founded her first Clinic Beau Aesthetica in Cochin , Kerala in 2008, where cutting edge technology enables dreams to come true. The clinic has seen so many faces turning beautiful, including those of renowned film actors and actresses and much sought after models. Her clientele includes multi faceted luminaries of national and international reputation. The treatments have helped them achieve beautiful glowing skin and hair; sparkling new looks and confident smiles. She pioneers in providing gold standard quality care and has established 2 more clinics ,one in Kottayam and the other in Thodupuzha.

Dr. Meera is an acknowledged authority on Cosmetic Dermatology and have published numerous articles and authored chapters in text books . Being an authority on Cosmetic Dermatology, has been heading talk shows and TV shows and query columns in news papers and magazines ,sharing information on various topics on Cosmetic Dermatology. She has been invited to National and International Medical Conferences, Seminars and workshops for contributing information on her congregated know-how and guiding and teaching the young dermatologists .She has conducted numerous workshops on Filler injections , Botulinum toxin injections , Thread lift , Chemical peels and Laser treatments giving training to various dermatologists from across the country. She has her own cosmetic dermatology training centre Beau Aesthetica Academy by Dr Meera James where she offers customised and specialised in house hands on training to dermatologists . She is an active member of various prestigious Dermatology associations including IADVL, ACSI, CDSI and is the scientific secretary of SODC. She is a doctor with trusted knowledge and experience who believes in delivering exceptional service, to effectively make over her patients making them look youthful, happy and confident. She is also very passionate in teaching the young dermatologists the rightful techniques of cosmetic dermatology, thus passing the baton of knowledge to the youngsters , She believes in living life to the fullest , Unveiling the real beauty..