

# SHANTHALA SHIVANANJAPPA.MD

CEO & Founder Of ShanthalaMD

**Address** 194 Newbury Street. Peabody. , MA, 01960

**Phone** 978-854-5035, 978-766-6645

**E-mail** shanthala@comcast.net

As the Medical Director of a non-surgical cosmetic practice Dr. Shanthala Shivananjappa has been personally performing all procedures at her center for the past 9 years. I have a special interest in Regenerative medicine especially with the use of Exosomes since 2019, have performed several hundreds of Face and Neck Ultherapy, several thousands of fillers and injectables, facial augmentation procedures, PDO threads, platelet-rich plasma injections for hair restoration and facial rejuvenation, laser procedures for women's intimacy health, several thousand Botox injections for various indications. A list of all other procedures that I perform I available on my website at shanthalamd.com.

## Skills

I have special interest in the use of Exosome therapy since 2019. [www.shanthalamd.com](http://www.shanthalamd.com)

## Work History

### **Instructor**

*Harvard Medical School*

### **Attending Anesthesiologist**

*Cambridge Health Alliance, Whidden, Memorial Hospital, Everett, MA.*

*Yale, New Haven*

- Committee on Conscious Sedation, was involved in developing guidelines for the use of Propofol in the gi endoscopy suite.

**Jul 2014**

### **Founder, CEO and Medical Director**

*Yale University Department of Anesthesiology*

- Shanthala MD Medspa and
- Laser Center, a boutique Cosmetic Practice, personally performing non-invasive cosmetic procedures.

Jul 2013 - **Attending Anesthesiologist**

Jul 2014

*Private practice*

- Provided Anesthesia for Boston Eye Surgery and Laser Center at their locations in Boston and
- Waltham

Nov 2004 - **Attending Anesthesiologist**

Jul 2013

*Massachusetts General Hospital, Boston, MA*

Sep 2003 -

Nov 2004

*Anesthesia Associates of Salem Inc, Salem Hospital, Salem, MA*

Jul 2002 -

Jul 2003

**Assistant Professor**

*Yale, University School of Medicine, TMP3, Cedar, New Haven, CT*

Aug 2001 -

Jun 2002

**Instructor**

*Yale University School, Cedar, New Haven, CT*

Sep 1997 -

Jan 2001

**Resident**

*Beth Israel Deaconess, Medical Center, Harvard Medical School, Brookline, Boston, MA*

Jan 1997 -

Jan 2001

**POSTGRADUATE**

*Beth Israel Deaconess Medical Center, Harvard Medical School, Boston, MA.*

Jun 1996 -

Jun 1997

**Intern**

*Hospital of Saint Raphael, New Haven, CT*

Jan 1996 -

Jan 1997

**Medical**

*Hospital of St.Raphael, New Haven, CT.*

Feb 1991 -

Jan 1994

**Resident**

*JJ Group of Hospitals, Medical College, Bombay*

- 400-008, India.

Jan 1991 -

Jan 1994

*Grant Medical College and JJ Hospital, Bombay*



**Education**

Jan 2002

*Diplomate of the American Board of Anesthesiology*

Jan 1994

*Diplomate of the National Board of Examinations*



**Jan 1994**    **MD**  
*Anesthesia, University of Bombay*



**Jan 1989**    **MBBS**  
*JJM Medical College, University of Mysore - Davangere*



## Affiliations



American Society of Laser Medicine and Surgery American Society of Anesthesiology  
Massachusetts Society of Anesthesiology.



## Additional Information



- LICENSURE AND CERTIFICATION , Connecticut State Medical License, 2001-current  
Massachusetts State Medical License, 2003-current
- HONORS AND AWARDS , 1994- MD Anesthesia, secured the 1st Rank among all graduating students in the discipline of Anesthesiology of the University of Bombay. Awarded the Dr. Moxmadan Nerbheram Desai Prize 1993 for securing the highest average points of successful candidates at the MD Anesthesia examination of the University of Bombay. 1989- MBBS, graduated from the University of Mysore securing the 2nd Rank in the graduating class. Awarded the Mysore Free Mason's Lodge Golden Jubilee Gold Medal at the 70th Annual Convocation of the University of Mysore held in January 1990. Awarded the Her Highness the Yuvarani Kempu Chaluvajammanniavaru Gold Medal at the 70th Annual Convocation of the University of Mysore held in January 1990. Awarded the AR Seethamma Gold Medal at the 70th Annual Convocation of the University of Mysore held in January 1990. Awarded the Parvathamma Sundara Rama Rao Gold Medal at the 70th Annual Convocation of the University of Mysore held in January 1990.



## Accomplishments



### PRESENTATIONS:

March 2022 -Istanbul Live Regenerative Surgery Multispeciality Course Invited speaker on 'My experience with Exosomes'

October 2022- Eurasia non-surgical Days Istanbul 2022-Invited speaker 'Exosomes in Wound Healing'

October 2022- IMCAS Asia Bangkok 2022- Accepted Scientific abstract-'Dogbite on face treated with Exosomes'

January 2023-IMCAS Paris 2023- Exosomes session speaker-' Exosomes in Wound Healing'

Jan 2023. My Exosomes case series are accepted by JDD

February 2023- Dermacon International Mumbai 2023- 50th Annual conference of IADL ( Indian Association of Dermatologists) Speaker and Panelist, Session: Tissue Transfer, Speaker- 'Approach to Exosomes'