

Dott. Thomas M. Platzer

\*28.5.1969, married twice, 2 adult children

Studied medicine at the renowned TU Munich. Training in surgery, orthopaedics, sports medicine and internal medicine. Recognition of the professional title "Dottore" and recognition as "medico chirurgo" (surgeon), "medico generico" (general practitioner) and member of the Medical Association of Siena (Tuscany), Italy. Member of several professional associations in the field of preventive and nutritional medicine, scientific advisory board of GSAAM e.V. (German society of prevention and anti-aging).

Former head physician of a medical SPA in southern Tuscany and later head physician of another medical SPA in Tyrol. Establishment of globally recognized nutritional science and sports medicine VitalAging programs. Former deputy head physician at metabolic balance<sup>®</sup> and member of the metabolic balance<sup>®</sup> medical advisory board. Former senior physician and representative of the head physician for preventive medicine at Diagnoseklinik München.de GmbH. Former consular senior physician for preventive medicine for the "radiologicum münchen". Former team doctor at Lanserhof- Tegernsee/Marienstein private clinic.

Private practitioner in an endocrinology-neuroendocrinology specialist group practice in the center of Munich (focus on preventive medicine, nutritional medicine, hormone diagnostics, metabolic disorders, neurotransmitter imbalances, burn-out, genetic polymorphisms). Head of the institute for health prevention, nutritional medicine and aesthetics

"MEDexclusive Vital Aging", Munich ([www.medexclusive.de](http://www.medexclusive.de)). Also a private practitioner in a holistic medicine group practice on the southern outskirts of Munich.

Lectures and training courses at home and abroad as a sought-after expert on the subject of preventive, hormone and nutritional medicine.