



About Me:

Dr. Carlos Zito is an Italo-Venezuelan physician who resides in Barcelona Spain for the last 13 years. He has over 18 years of medical experience and dedicates himself full time to Aesthetic Medicine. Holds a degree in Medicine and Surgery from the University of Carabobo in Venezuela, master's degree in General Surgery from the same university. Master's degree in Family Medicine from the University of Barcelona, Spain. Master's degree in Hospital Management from the University of Barcelona Spain. Master's in Anti-aging and Aesthetic Medicine from the University of the Balearic Islands, Spain.

Owns a private practice in Barcelona and Ibiza, Spain. Is a member of multiple scientific associations such as SEME: Sociedad Española de Medicina Estética, SMEC: Sociedad Médicos Estéticos de Cataluña, CMAC: Complications Managing Aesthetic Collaborative, ATLS: attention in trauma life support.

Lectures as a professor for Aesthetic Medicine Master from University of Barcelona: the Institut de Formacio Medica I lideratge dels Col.legis de Metges de Catalunya. He is a national and international speaker for pharmaceuticals such as Sinclair, Clarius, Mesoesthetic, Phillex, Promoitalia. And actively participates as a orator in medical conventions and seminars such as SMEC 2022 and SEME 2023.

Dr. Zito is a pioneer and passionate advocate for the use of facial ultrasound applied for aesthetic medicine in Spain. He trained for General Medical Ultrasound in Venezuela at International Medical Teaching in 2005. Has also trained at Cutaneus, Netherlands for facial ultrasound 2022. He is constantly researching for new and better ways to improve safety and effectiveness of his treatments, always pursuing natural results.

Attends multiple venues and conventions yearly like IMCAS Paris, 5 Continental Congress, Worlds Expert Meetings WEM, MD Codes, and many others to keep himself current and updated.

Has also worked as a medical doctor in conflict zones such as Venezuela and the war of Afghanistan.